

EpiPen[®] Auto-Injector



There are two strengths of EpiPen[®].

- EpiPen[®] Junior (0.15mg – Green)
- EpiPen[®] (0.30mg - Yellow)

How do you give it?



- Call “000” for ambulance attendance, access the EpiPen[®] and remove the EpiPen[®] from protective cover
- Form a fist around the EpiPen[®] (black tip down, ensure your thumb is never over the end) and with the other hand pull off the grey safety cap
- Hold the black tip near the upper thigh (the EpiPen[®] can go through a thin layer of clothing, avoid seams or items in pocket i.e. coins etc.)
- Push down firmly so the EpiPen[®] is at a 90^o angle to the thigh (listen for an audible “click” as the needle is activated)
- Hold firmly in the thigh, and count slowly to ten (10 seconds) and note the time the EpiPen[®] was administered
- Carefully remove the EpiPen[®] from the thigh - the 1.5 cm needle should be visible (handle carefully, beware of accidental needle-stick injury)
- Massage the injection site for 10 – 20 seconds
- Replace the used EpiPen[®] carefully back into the plastic container and tighten the cap
- Be sure to give the used EpiPen[®] and the time of administration to Paramedics when they arrive.